

ACTIONS IN ALL DISASTERS

Follow your Disaster Preparedness Plan!!

Take your disaster supply kit(s)
Cash in house including small bills (ATM may not be working)
Important papers/records together and easy to grab
Insurance up to date (including home improvements)

Get informed on the situation

Watch for emergency broadcasts on television
Listen to AM Radio: KOGO 600 or KLSB 1360
Call County 211 system - safety and disaster information (24 hr. x 7 days)
Check the County Website for updates:
www.sdcountyemergency.com

Stay in place unless uncomfortable or told to evacuate—then do so quickly!

Reverse 911 system in place, including cell phones (register at readysandiego.org)
Door-to-door contact and/or vehicle mounted public address
Use roads specified by authorities
Wear protective clothing and sturdy shoes
Gas in your car (always at least half a tank)
Take proof of residence with you to re-enter neighborhood

DISASTER SUPPLY KITS

3+ day supply of non-perishable food and water, water purification tablets.

Kitchen utensils, food wrap, detergent, sterno, *scissors*.

Out-of-Area emergency contact list

Battery operated radio, flashlight (extra batteries) and *whistle*

First aid kit and manual, nonprescription drugs
Sanitation/hygiene items (hand sanitizer, toothpaste, toilet paper)

Protective wear (rubber gloves, face masks, goggles)

Utility knife, work gloves, duct tape, rope, multi-purpose tools
Note pads, pens, matches in waterproof container, **lightsticks**
Fire extinguisher
Clothing, **blankets**, tarps
Cash, photocopies of credit cards, insurance and identification
Special needs (medicine, glasses, hearing aid batteries)
One week of critical Rx medicines
Infant needs
Pet supplies
Masks (N95 or HEPA) for flu

BOTTOM LINE: BE READY AT ALL TIMES!

To evacuate quickly

Gas in your car: half a tank or more at all times
Back your car into the garage or driveway
Cell Phone - keep charged, have a portable charger
Cash in house including small bills (ATM may not be working)
Important papers/records together and easy to grab
Insurance up to date (including home improvements)
Know how to manually open garage doors and security gates
Portable disaster kits
Be prepared to walk home from work

To survive 72-hours until first responders arrive

Portable and more extensive disaster supplies (camp gear)
Neighborhood plan, including special skills, needs, supplies

To “shelter in place” for an extended time
Expand disaster kit to include supplies for up to 4 weeks: Pandemic flu could require this
If not contaminated, use the water in your water heater for drinking

Establish family meeting points and out-of-area emergency contacts *before* a disaster happens. Keep this contact list in your disaster kit

Make sure alternate caregivers (neighbors, grandparents) have been pre-authorized to get your children released from school.

INFORMATION SOURCES

Encinitas

Fire/Medical – Emergency Only	911
Fire Department - Admin	760-633-2800
City Manager	760-633-2610
City of Encinitas website	www.encinitasca.gov
Encinitas CERT website	www.enccert.org

San Diego

Disaster Information	211
American Red Cross	www.sdark.org
Ready San Diego	www.readysandiego.org
SD County	www.sdcountyemergency.com
SDG&E for utilities	www.sdge.com

Federal

Emergency Management	www.fema.gov
Dept. of Homeland Sec.	www.dhs.gov
Center for Disease Control	www.cdc.gov
Preparedness Information	www.ready.gov

Other resources

World Health Organization	www.who.int
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DISASTER PLAN FOR YOUR PETS:

Have pets micro-chipped so they are easily identified in the event of separation

Create a list of friends, preferred boarding kennels and hotels outside your immediate area that would accept pets in emergencies

Keep a list of these pet-friendly options, with phone numbers, in your disaster kit.

Assemble a portable, clearly-labeled pet disaster supply kit that contains:

Medications, a copy of medical records and a pet photo (in case they get lost) in a water-proof container

3-7 days of water and food (pop-top cans and dry kibble), and bowls

Disposable plastic bags and dish soap for waste clean-up

A blanket (for scooping up a fearful pet) and pet first-aid kit

Dogs: Sturdy leashes, harnesses or carriers, a long leash and yard stake, chew toys

Cats: Toys, litter or toweling, disposable litter pan, bed if easily transported

At first hint of evacuation, act to protect pets—it is no safer for them than for you:

Place pet disaster kit, leashes and carriers near an exit so you can leave in a hurry

Bring pets indoors; they can become disoriented during a crisis and wander away

Insure all dogs/cats are wearing collars with securely attached identification

Consider your evacuation route and call ahead to arrange emergency shelter

If asked to shelter in place:

Identify a safe place for family and pets and put disaster supplies, leashes, and carriers there.

Pets can become stressed by confinement; often crating them provides comfort and safety

Choose a temporary caregiver in case you are away from home when disaster strikes:

Choose someone who lives nearby and is usually home while you are at work

Insure the person has keys to your house, knows your pet and disaster kit location

Swapping responsibilities with a fellow pet-owner often works best

After the disaster, be patient with your pet:

Behavioral problems may result from stress so return to normal routines ASAP

Don't let pets roam loose; familiar landmarks and smells may be gone causing disorientation

If behavior or health problems persist, consult your vet

Prepared by

Encinitas Fire Department

AND



Funded, in part, by the City of Encinitas and Mizel Family Foundation Community Grant Program

Rev 20140911-4

Encinitas

DISASTER

PREPAREDNESS

GUIDELINES

How to prepare for and
What to do after a

MAJOR

DISASTER

