

CERT Emergency Response Back Pack

Personal Protective Equipment

Hard Hat, CERT
Hard Hat Light, LED
Safety Glasses
Vest CERT Responder (Improved)
CERT Ball Cap
Disposable Latex Rubber Gloves
Survival Blanket
1 Pair Knee Pads
Respirator N95
Work Gloves, Fitted
Sweat Shirt

First Aid Equipment

First Aid Kit (REI Extended)
Drinking Water Packets
Splints – 36” Reusable, Flex, “Sam Splints”
Plastic Bags, Disposable(supply of various sizes)
Towelettes (Sealed)
Paper Towels
Sterile Dressing (6”x12” Roll)
Tube Socks, 2 Pair, White
Colored Streamer Tape (Red, Yellow, Black) for Triage Process

Documentation & Record Keeping

CERT ID Card and Lanyard
CERT Field Operations Guide Book #573
CERT Forms Book plus All Weather Pen
#571 Available at RiteintheRain.com
4”x8” Spiral Note Book
Felt Tip Pens (High Visibility Orange and Red)
Yellow Lumber Crayon
Ball Point Pen
Pencils and Pencil Sharpener
Clip Board – 8.5x11”
Street Map – City of Encinitas

Emergency Response Equipment

Batteries, Alkaline, 3A x 12
Duct Tape
Caution Tape
Spray Can – High Visibility Orange
Marking Paint
Light Stick – 6”
Whistle
Rope, Nylon – 50’
Wrecking Bar – 14”
Flashlights – 2-4” LEDs
Utility Knife – Multi Function
Knife, Swiss Army
Wrench – Natural Gas Shutoff

Automobile Go Bag

Clothes

- Long Sleeve Shirt
- Shoes
- Pants
- Jacket
- Hat
- Leather Gloves
- Rain Poncho

Food

- Energy Bars
- Dehydrated Foods

Water

- One quart of water in 2 canteens
- Water purification tablets

First Aid

Utility Knife

Flashlight + Batteries for all devices

Space Blanket

Emergency Flares

Cash (In small denominations)

Communications Devices (Smart Phone, HAM Radio, Walkie Talkie) Smart Phone should have all appropriate Emergency Apps

Personal Sanitary Supplies

Notebook + Writing Implements

Sunscreen

Chap stick

Cigarette Lighter **Charging Devices for Electronics**

Bottle Opener

Fire Extinguisher

72 Hour Self Sustainment Supplies List (California Disaster Corp)

Backpack, tote or small suitcase

Documentation (all stored on Thumb Drive)

List of items in kit (put near top) ...

Important telephone and contact numbers (update every 6 months)

Travel map of California

Pencil and small notebook

Copies of personal papers & documents for this person
(Medical Insurance information)

IPad, SmartPhone &/or Laptop Computer

Safety Equipment

3-N95 Medical mask (put at top) (Can help during a fire)

Sunglasses

Spare eye glasses

Clothing

Change of clothing

First Aid/Medical Supplies

Pain reliever, Acetaminophen/Ibuprofen

Special or prescription medications

Antibacterial hand wipes

Food and Water

3 day supply of food (2000 calories per day per adult)

Ready-to-eat canned meats, fruits, and vegetables

3 gallons of water - Approximately 23, 16.9 oz bottles of water

Personal Hygiene and Sanitation

Small comb or brush

Small mirror

Pocket facial tissues

Toilet paper roll

Wash cloth for sponge bath

Travel-sized toothpaste, toothbrush

Travel-sized liquid body soap

Travel-sized shampoo/conditioner

Travel-sized deodorant

Travel-sized lotion

Travel-sized hand sanitizer

Razor (males)

Personal sanitary items

3 large trash bags

Sleeping bag and ground tarp

Other equipment and supplies necessary for deployment